

#### ABSTRACT OF THE DISCLOSURE

Two or more synchronous words are arranged in a section as long as a noise cycle "t", within a frame. Or, one or more synchronous words are arranged such that a section not being influenced by the noises is long enough considering the noise cycle. When information that cyclical noises occur is given and/or the noise cycle can be measured, the probability that the synchronous word is influenced by the noises is reduced so that the reliability of frame synchronization can be improved.